

**YOU
MAKE ME
CRAZY**

Who's Pushing Your Buttons?

Ephesians 4:26

In your anger do not sin

Who's Pushing Your Buttons?

Four styles of anger:

The Machine Gun: Cain

The Mute: Jeremiah

The Martyr: Prodigal brother

The Manipulator: The Pharisees

Who's Pushing Your Buttons?

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Who's Pushing Your Buttons?

How disarm the 'Button Pusher'

Who's Pushing Your Buttons?

How disarm the 'Button Pusher'

1. Calculate the cost

Who's Pushing Your Buttons?

Proverbs 29:22 (NIV)

**An angry person stirs up
conflict, and a hot-tempered
person commits many sins.**

Who's Pushing Your Buttons?

Proverbs 15:18 (GN)

“Hot tempers cause arguments.”

Who's Pushing Your Buttons?

Proverbs 14:29 (LB)

. . . anger causes mistakes.

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Proverbs 14:17(GN)

**people with hot tempers do
foolish things**

Who's Pushing Your Buttons?

The Cost:

- **Stir up conflict**
- **Commit many sins**
- **Cause arguments**
- **Make mistakes**
- **Do foolish things**

Who's Pushing Your Buttons?

I always lose when I lose my temper!

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Proverbs 14:29 (NLT)

**Those who control their anger
have great understanding**

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Proverbs 15:18

**the one who is patient calms a
quarrel**

Who's Pushing Your Buttons?

How disarm the 'Button Pusher'

- 1. Calculate the cost**
- 2. Look past their words to their pain**

Who's Pushing Your Buttons?

Proverbs 19:11 (NIV)

**A person's wisdom yields
patience;**

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Proverbs 12:16 (NLT)

“A fool is quick-tempered, but a wise person stays calm when insulted.”

Who's Pushing Your Buttons?

Romans 12:

- **Bless those who persecute you**
- **Live in harmony with one another**
- **Do not repay evil for evil**
- **Live at peace with everyone**
- **Do not take revenge**
- **Overcome evil with good**

Who's Pushing Your Buttons?

How disarm the 'Button Pusher'

- 1. Calculate the cost**
- 2. Look past their words to their pain**
- 3. Think before reacting**

Who's Pushing Your Buttons?

Proverbs 13:16 (NLT)

**Wise people think before they
act.**

Who's Pushing Your Buttons?

Proverbs 29:11 (NLT)

**“A fool gives full vent to anger,
but a wise person quietly holds it
back.”**

Who's Pushing Your Buttons?

- 1. Why am I angry?**
- 2. What do I really want?**
- 3. How can I get it?**

Who's Pushing Your Buttons?

How disarm the 'Button Pusher'

- 1. Calculate the cost**
- 2. Look past their words to their pain**
- 3. Think before reacting**
- 4. Turn to the Word**

Who's Pushing Your Buttons?

Psalm 46:1 (NIV)

**God is our refuge and strength,
and ever-present help in trouble.**

Who's Pushing Your Buttons?

Exodus 14:14 (NIV)

**The Lord will fight for you; you
need only to be still**

Who's Pushing Your Buttons?

Psalm 37:7 (NIV)

Be still before the Lord and wait patiently for Him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

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How disarm the 'Button Pusher'

- 1. Calculate the cost**
- 2. Look past their words to their pain**
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the art of
marriage

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