

ACTS: The ongoing work of Jesus

Acts 13:13-15 (NLT)

¹³ Paul and his companions then left Paphos by ship for Pamphylia, landing at the port town of Perga. There John Mark left them and returned to Jerusalem. ¹⁴ But Paul and Barnabas traveled inland to Antioch of Pisidia.



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On the Sabbath they went to the synagogue for the services.

¹⁵ After the usual readings from the books of Moses and the prophets, those in charge of the service sent them this message: "Brothers, if you have any word of encouragement for the people, come and give it."



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PAUL'S FIRST MISSIONARY JOURNEY

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Encouragement:

**: to inspire with courage, spirit, hope,
or confidence**



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Encouragement (External)

1. We are commanded to encourage



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1 Thessalonians 5:11 (NLT)

¹¹ So encourage each other and build each other up, just as you are already doing.



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Encouragement (External)

- 1. We are commanded to encourage**
- 2. Earn the right to encourage**



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Encouragement (External)

- 1. We are commanded to encourage**
- 2. Earn the right to encourage**
- 3. Temper encouragement with realism**



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Encouragement (External)

- 1. We are commanded to encourage**
- 2. Earn the right to encourage**
- 3. Temper encouragement with realism**
- 4. Don't be afraid to discourage**



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Hebrews 3:13 (NIV)

¹³ But encourage one another daily, as long as it is called “Today,” so that none of you may be hardened by sin’s deceitfulness.



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Proverbs 16:24 (NIV)

**Gracious words are a
honeycomb,**

**sweet to the soul and healing
to the bones.**



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Encouragement (External)

- 1. We are commanded to encourage**
- 2. Earn the right to encourage**
- 3. Temper encouragement with realism**
- 4. Don't be afraid to discourage**
- 5. Act on it**



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1 John 3:18 (NIV)

¹⁸ Dear children, let us not love with words or speech but with actions and in truth.



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Encouragement (Internal)

1. Speak God's truth into your life



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Psalm 42:3

**...my tears have been my food
day and night.**



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Psalm 42:5 (NIV)

Why, my soul, are you downcast?

Why so disturbed within me?

**Put your hope in God,
for I will yet praise Him,
my Savior and my God**



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Lamentations 3:17-18 (ESV)

¹⁷ my soul is bereft of peace;

**I have forgotten what
happiness is;**

**¹⁸ so I say, “My endurance has
perished;**

**so has my hope from
the Lord.”**



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Lamentations 3:21-25 (ESV)

**²¹ But this I call to mind,
and therefore I have hope:**

**²² The steadfast love of
the Lord never ceases;**

**His mercies never come to an
end;**

**²³ they are new every morning;
great is Your faithfulness.**



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**24 “The Lord is my portion,” says
my soul,**

“therefore I will hope in Him.”

**25 The Lord is good to those
who wait for Him,
to the soul who seeks Him.**



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Encouragement (Internal)

- 1. Speak God's truth into your life**
- 2. Remove negative influences**



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1 Corinthians 15:33

³³ Do not be misled: "Bad company corrupts good character."



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Encouragement (Internal)

- 1. Speak God's truth into your life**
- 2. Remove negative influences**
- 3. Build genuine community into your life**



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Encouragement (Internal)

- 1. Speak God's truth into your life**
- 2. Remove negative influences**
- 3. Build genuine community into your life**
- 4. Be open to constructive criticism**



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Encouragement (Internal)

- 1. Speak God's truth into your life**
- 2. Remove negative influences**
- 3. Build genuine community into your life**
- 4. Be open to constructive criticism**
- 5. Be grateful**



who's your
1ONE?