



Supernatural Peace

God's Will for Your Wellbeing



Peace

A supernatural gift from the Holy spirit. It's the wholeness and serenity you experience when you're in sync with God's plan for you.



According to the American Psychological Association

- 61% of American adults had undesired weight change
- 67% are getting more or less sleep (35% more 32% less)
- 23% significant increase in alcohol consumption



Peace is a Command



Peace is a Command

“And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.”

Col 3:15 NLT



Peace is a Command

Peace is a Promise



Peace is a Promise

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”

Philippians 4:6-7 NLT



Peace is a Command

Peace is a Promise

Peace is Part of Your Outreach



Peace is Part of Your Outreach

“... if someone asks about your hope as a believer, always be ready to explain it. But do this in a gentle and respectful way. Keep your conscience clear. Then if people speak against you, they will be ashamed when they see what a good life you live because you belong to Christ.”

1 Peter 3:14b-16 NLT



What Steals Your Peace?



Fear







Dealing with Fear

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”

Philippians 4:6-7 NLT



Dealing with Fear

“What shall we say about such wonderful things as these? If God is for us, who can ever be against us? Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? Who dares accuse us whom God has chosen for his own?



Dealing with Fear

No one—for God himself has given us right standing with himself. Who then will condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God's right hand, pleading for us."

Romans 8:31-34 NLT



Anger



Anger

Control your temper,
for anger labels you a fool.

Ecclesiastes 7:9

Fools vent their anger,
but the wise quietly hold it back.

Proverbs 29:11



Acting in Anger is a Sin



Dealing with Anger

But I say, if you are even angry with someone, you are subject to judgment! If you call someone an idiot, you are in danger of being brought before the court. And if you curse someone, you are in danger of the fires of hell.

Matthew 5:22



Dealing with Anger

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

James 1:19



Dealing with Anger

Human anger does not produce the righteousness God desires.

James 1:20



Dealing with Fear and Anger

Do all that you can to live in peace
with everyone.

Romans 12:18

