

*Living by the Spirit*



***Ephesians 1:1-23 (NLT)***  
***This letter is from Paul,***  
***chosen by the will of God***  
***to be an apostle of Christ***  
***Jesus.***



***I am writing to God's  
holy people in Ephesus,  
who are faithful followers  
of Christ Jesus.***



***2 May God our Father and  
the Lord Jesus Christ give  
you grace and peace.***





***<sup>3</sup> All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.***



***4 Even before He made  
the world, God loved us  
and chose us in Christ to  
be holy and without fault  
in His eyes.***



***5 God decided in advance to adopt us into His own family by bringing us to Himself through Jesus Christ. This is what He wanted to do, and it gave Him great pleasure.***



***6 So we praise God for the glorious grace He has poured out on us who belong to His dear Son.***





***7 He is so rich in kindness  
and grace that He  
purchased our freedom  
with the blood of His Son  
and forgave our sins.***



***8 He has showered His kindness on us, along with all wisdom and understanding.***



***9 God has now revealed to us His mysterious will regarding Christ—which is to fulfill His own good plan.***



***10 And this is the plan: At the right time He will bring everything together under the authority of Christ—everything in heaven and on earth.***





***11 Furthermore, because we are united with Christ, we have received an inheritance from God,***



***for He chose us in  
advance, and He makes  
everything work out  
according to His plan.***



***12 God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God.***



***13 And now you Gentiles  
have also heard the truth,  
the Good News that God  
saves you.***





***And when you believed in Christ, He identified you as His own by giving you the Holy Spirit, whom He promised long ago.***



***14 The Spirit is God's  
guarantee that He will  
give us the inheritance  
He promised***



***and that He has  
purchased us to be His  
own people. He did this  
so we would praise and  
glorify Him.***



***15 Ever since I first heard  
of your strong faith in the  
Lord Jesus and your love  
for God's people  
everywhere,***





***16 I have not stopped  
thanking God for you. I  
pray for you constantly,***



***17 asking God, the glorious Father of our Lord Jesus Christ, to give you spiritual wisdom and insight so that you might grow in your knowledge of God.***



***18 I pray that your hearts will be flooded with light so that you can understand the confident hope He has given to those He called— His holy people who are His rich and glorious inheritance.***



***19 I also pray that you will understand the incredible greatness of God's power for us who believe Him.***





***This is the same mighty power <sup>20</sup> that raised Christ from the dead and seated Him in the place of honor at God's right hand in the heavenly realms.***



***21 Now He is far above  
any ruler or authority or  
power or leader or  
anything else—not only in  
this world but also in the  
world to come.***



***22 God has put all things under the authority of Christ and has made Him head over all things for the benefit of the church.***



***23 And the church is His body; it is made full and complete by Christ, who fills all things everywhere with Himself.***





# ***1 Corinthians 10:16-17 (NIV)***

***16 Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?***



***17 Because there is one loaf, we, who are many, are one body, for we all share the one loaf.***

